

BUFFET SERVICE

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COCKTAIL HOUR
WORKING LUNCHES
BRUNCHES
PARTIES
BIRTHDAYS
FAMILY GET-TOGETHERS

.....

IGA

2018 - 2019

CONTENTS

Working lunches	3
Breakfasts	4
Fruits	6
Hors d'oeuvres	8
Deli meats	10
Salads	12
Sandwiches	14
Sushi	16
Seafood	18
Heat-and-serve dishes	20
Cheeses	22
Desserts	24
Children's parties	26
Customized cakes	27

NEW SALADS

TO CHOOSE FROM



128 CHEF'S SALAD

A tasty, crisp salad made with red bell peppers, cucumbers, tomatoes, carrots, and red onions topped with a caesar dressing.

4 to 6 people



129 CAESAR SALAD

A classic that's sure to please every time! This delightful caesar salad is made with crisp romaine lettuce, Parmesan, bacon, and a delicious caesar dressing.

4 to 6 people

WORKING LUNCHES

HOT MEALS

Individual serving



119 ALMOND-CRUSTED SALMON

Almond-crusted salmon fillet with herb grilled vegetables and basmati rice.

118 MAPLE AND CHIPOTLE SALMON

Marinated salmon fillet with herb grilled vegetables and basmati rice.

120 LYONNAISE MEATBALLS

Lyonnais-style meatballs with herb grilled vegetables and mashed potatoes.

121 "POLPETTES" MEATBALLS

Pork and beef meatballs with herb grilled vegetables and basil orzo.

LUNCHBOX STYLE

Individual serving



122 CAJUN CHICKEN WRAP

Cajun chicken wrap with pesto pennine salad and Bombay orzo salad.

123 SMOKED SALMON WRAP

Smoked salmon wrap with Bombay orzo salad and carrot salad.

124 CHICKEN AND CRANBERRY SPREAD WRAP

Chicken and cranberry spread wrap with quinoa salad and pesto pennine salad.

125 VEGETARIAN TOFU SPREAD WRAP

Vegetarian tofu spread wrap with citrus and cranberry couscous salad and carrot salad.

MEAL-SIZE SALAD

Individual serving



126 ASIAN CHICKEN AND SPINACH MEAL-SIZE SALAD

Baby spinach topped with chicken strips, mandarin wedges, red bell peppers, dried fruit, nuts, crispy noodles, and sesame dressing.

127 VEGETARIAN EGG AND BEAN MEAL-SIZE SALAD

Romaine lettuce with a hard-boiled egg, marbled cheese, bell peppers, walnuts, beans, and poppy seed dressing.

BREAKFASTS

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115 OLD-FASHIONED DONUT TRIO

A selection of 18 donuts, including 6 sugar donuts, 6 cinnamon donuts, and 6 powdered sugar donuts.

10 to 12 people



101 MUFFINS

15 *Saveurs du four* muffins of your choice and fruit.

10 to 12 people

101 a Also available without fruit



102 MINI PASTRIES

A delightful breakfast of mini pastries made with pure butter (mini-croissants, mini-chocolatines, mini raisin buns) and fresh fruit.

10 to 12 people

102 a Also available without fruit



63 TENDER POUND CAKE

An assortment of delicious pound cakes (banana, carrot and pineapple, and chocolate marble). A true delight for the palate!

10 to 12 people

77 COFFEE BOX

.....

So practical, the coffee box offers convenience and quality. It includes coffee cups, lids, milk, cream, sugar, and stir sticks.

10 to 12 people



FRUITS



95 CHOCOLATS FAVORIS FONDUE AND EXOTIC FRUIT

A platter featuring a wide variety of fruit – several exotic – for dipping in one of three Chocolats Favoris fondues: classic dark chocolate, classic milk chocolate or dulce de leche.

8 to 10 people



96 CHOCOLATS FAVORIS FONDUE AND FRUIT

A platter of chocolate fondue classics for dipping in one of three Chocolats Favoris fondues: classic dark chocolate, classic milk chocolate or dulce de leche.

8 to 10 people



46 FRUIT EXPLOSION

An abundance of honeydew, cantaloupe, red and green grapes, strawberries, raspberries, oranges and kiwis.

10 to 12 people



47 FRUIT SALAD

A delicious, refreshing mix of seasonal fruit, picked at ripe perfection. Ideal for breakfast, too!

10 to 12 people



130 FRESH BURST

A platter filled with sweet & refreshing fruit: watermelon, oranges, kiwi, green grapes, and strawberries.

10 to 12 people

HORS D'ŒUVRES



131 NACHO-STYLE PLATTER

A platter made for young and old alike featuring a wreath of corn chips around a delicious salsa.

10 to 12 people



98 MARKET DISCOVERIES

Discover new flavours and textures with this platter of cut vegetables that includes yellow zucchini, sweet peas, fennel, and orange cauliflower.

10 to 12 people



20 CHOCK-FULL OF VITAMINS

Delightfully fresh: carrot sticks, cucumbers, cherry tomatoes, broccoli, cauliflower, sweet peppers and celery, along with dip.

10 to 12 people



40 HOT CHEESE DIP

A warm, creamy artichoke, spinach, and cheese dip served in a country loaf with corn chips and raw veggies (cucumbers, sweet peppers, and carrots).

8 to 10 people



41 PIZZA POMODORO

The famous tomato pizza, delicious hot or cold. Cut in individual servings.

10 to 12 people



58 PÂTÉS AND CHEESES

A flavour-packed platter: duck liver mousse, layered wapiti and pheasant terrine, and venison terrine accompanied by *Sensations by Compliments* Canadian Cheddar Cheese Aged 2 Years and Goat Brie Cheese.

10 to 12 people



57 DEVILED EGGS

A cold buffet classic: traditional flavour spiced up with Dijon mustard, and fresh parsley and chives.

10 to 12 people



DELI MEATS

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117 COCKTAIL BITES
Genoa salami, Les Charcutiers Pork Shop rillettes, Kalamata olives, Ermite blue cheese, La Sauvagine cheese, and crackers.
4 to 6 people



116 COCKTAIL HOUR
Prosciutto, Les Charcutiers Pork Shop rillettes, mixed olives, Comtomme cheese, a Chèvre des Alpes goat cheese log, and crackers.
4 to 6 people



100 DRY SAUSAGE AND ANTIPASTO
These grelots sausages make great hors d'oeuvres – chorizo, original rosette de Lyon, and figs and port – accompanied by roasted peppers, a variety of olives, grilled mushrooms, and feta cheese.
10 to 12 people



16 ESSENTIALS
All the deli favourites put together—salami, mild capicollo, turkey breast, and smoked ham.
10 to 12 people



114 ITALIAN DELI MEAT
An assortment of spicy capicollo, mortadella, prosciutto, Calabrese dry sausage, and bite-size pickles.
10 to 12 people



15 PROSCIUTTO AND MELON
A unique pairing that never fails to please.
10 to 12 people



56 DELECTABLE DELI MEATS
A platter of fine deli meats for fine palates: Genoa salami, old-fashioned capicollo, dried tomato turkey breast, old-style smoked ham, and Angus roast beef.
10 to 12 people



103 RACLETTE
The perfect raclette platter: chorizo sausage, original rosette de Lyon, raclette cheese slices, and roasted onion raclette cheese slices.
4 to 6 people

SALADS

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VARIETIES OFFERED:

- Cranberry-citrus couscous
- Bombay-style orzo
- Pasta shell and bacon
- Carrot and celery root
- Pesto pennini
- Quinoa and mung bean



80 SPECIALITY SALADS

Choose the salads for your event, among our varieties offered. Our 1-kg sizes are just the thing for corporate dinners or family meals.

10 to 12 people



99 GREEN SALAD WITH FRUIT AND NUTS

A delicious green salad with mandarin wedges, dried fruit, and nuts.

8 to 10 people



66 TUSCAN

A salad with Italian flavours and lots of fresh veggies including cherry tomatoes, Lebanese cucumbers, red sweet peppers, artichokes, and red onion.

8 to 10 people



53 MEDITERRANEAN

Our sun-kissed salads: penne with pesto sauce, cranberry couscous, Greek, carrot and celery root.

8 to 10 people



17 WORLD

The best of exotic flavours: Bombay-style orzo salad, tabbouleh, quinoa & mung bean salad, beet and green apple salad.

8 to 10 people



18 MEDLEY

Delightfully fresh: carrot sticks, cucumbers, cherry tomatoes, broccoli, cauliflower, sweet peppers and celery, along with dip.

8 to 10 people



19 INDIVIDUALS

The choice is yours: potato salad, creamy coleslaw or macaroni salad in a large format.

10 to 12 people

SANDWICHES

.....



1 MINI PITAS

24 mini pitas with flavourful new fillings: cranberry chicken salad, tuna and apple salad, and chicken and dried tomato spread.

8 to 10 people
Also available for 10 to 12 people



2 WRAPS AND RAW VEGGIES

Raw veggies and dip accompany our delicious wraps: cajun chicken and onion confit, smoked salmon and capers, chicken-cranberry spread, tuna spread and green apple, and vegetarian.

8 to 10 people



5+ BITE-SIZE WRAPS

Six unique new wraps! Cajun chicken and onion confit, smoked salmon and capers, chicken-cranberry spread, tofu and sweet red pepper, tuna spread and green apple, and old-style ham with whole-grain mustard.

10 to 12 people



4 MINI CROISSANTS

Mini croissants are generously filled with smoked ham, Swiss cheese and baby spinach, herbed turkey with brie and arugula, and dried tomato spread.

4 to 6 people
Also available for 10 to 12 people



5 STUFFED ROLLS

Little pleasures: small rolls stuffed with egg, chicken and ham salad.

4 to 6 people
Also available for 8 to 10 people



6 FINGER SANDWICHES

Classic sandwiches filled with egg, chicken, and ham salad. Available in white bread or half on white bread and half on wheat bread.

8 to 10 people

SUSHI



104 KANTO

- Futomaki: Spicy shrimp and vegetarian
- Maki: Kamikaze salmon
- Hosomaki: Red pepper
- Nigiri: Salmon
- Gunkan masago

2 or 3 people (30 pieces)



105 MIYAKÉ

- Futomaki: Fuji and vegetarian
- Hosomaki: Mandarine and avocado
- Nigiri: Salmon
- Green dragon
- Gunkan masago

3 or 4 people (40 pieces)



106 OKINAWA

- Futomaki: Vegetarian, spicy shrimp, Boston, and dragon's eye
- Hosomaki: Mandarine and cucumber
- Maki: Surimi
- Nigiri: Salmon
- Gunkans masago

4 or 5 people (50 pieces)



107 HOKKAIDO

- Futomaki: Spicy shrimp, vegetarian, Fuji, and spicy salmon
- Hosomaki: Salmon, avocado, and lychee
- Maki: Surimi
- Nigiri: Tuna, shrimp, and salmon
- Red dragon
- POKO sushi
- Gunkans masago

6 to 8 people (75 pieces)



108 AMAKUSA

- Futomaki: Vegetarian, Fuji, spicy salmon, and dragon's eye
- Hosomaki: Cucumber, avocado, and mango
- Maki: Surimi, kamikaze salmon, and spicy shrimp
- Nigiri: Tuna, shrimp, and salmon
- Green dragon
- POKO sushi
- Gunkans masago

8 to 10 people (100 pieces)

SEAFOOD

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109 PEARL OF THE SEA
A hit every time: shrimp ring with cocktail sauce, surimi, and smoked salmon bites
6 to 8 people



110 OPEN SEA TREASURES
A platter combining smoked salmon, honey & spices dry cured salmon, salmon tartare, smoked salmon bites, and Nordic shrimp.
6 to 8 people



111 ROYAL PLATTER
An impressive platter combining lobster, snow crab, shrimp with cocktail sauce, smoked salmon bites, and butter and canola oil seasoned with lemon and herbs.
8 to 10 people



112 SEAFOOD SALAD
The perfect quartet: smoked salmon bite salad, spicy imitation crab salad, Nordic shrimp salad, and tropical salad.
10 to 12 people



78 79 THE 4-L BOTTLE - ECONOMICAL AND CONVENIENT
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Discover the simplicity of this convenient size, available for red and white wine.

HEAT-AND-SERVE DISHES



To make this line of meals even easier to serve, warming trays are available.



Details in participating stores.

IMPORTANT

This container is not oven safe.



COMBINE



main dish



side dish of your choice



59 BUTTER CHICKEN

Chicken coated in a spicy, creamy sauce. A true classic of Indian cuisine!

4 to 6 people



34 BOULETTES « POLPETTES »

Pork and beef meatballs in tomato sauce.

4 to 6 people



31 BEEF BOURGUIGNON

A classic! Cubes of beef, pearl onions, Parisian potatoes and carrots in a delectable wine sauce.

4 to 6 people



32 BASIL CHICKEN

Chunks of chicken breast in a delicious creamy tomato and basil sauce.

4 to 6 people



33 COOKED TURKEY

Tender and flavourful turkey slices drizzled with gravy.

4 to 6 people

ACCOMPAGNEMENTS



Plain fusilli



Plain fettuccine



Plain penne



Rice



Basil orzo

CHEESES

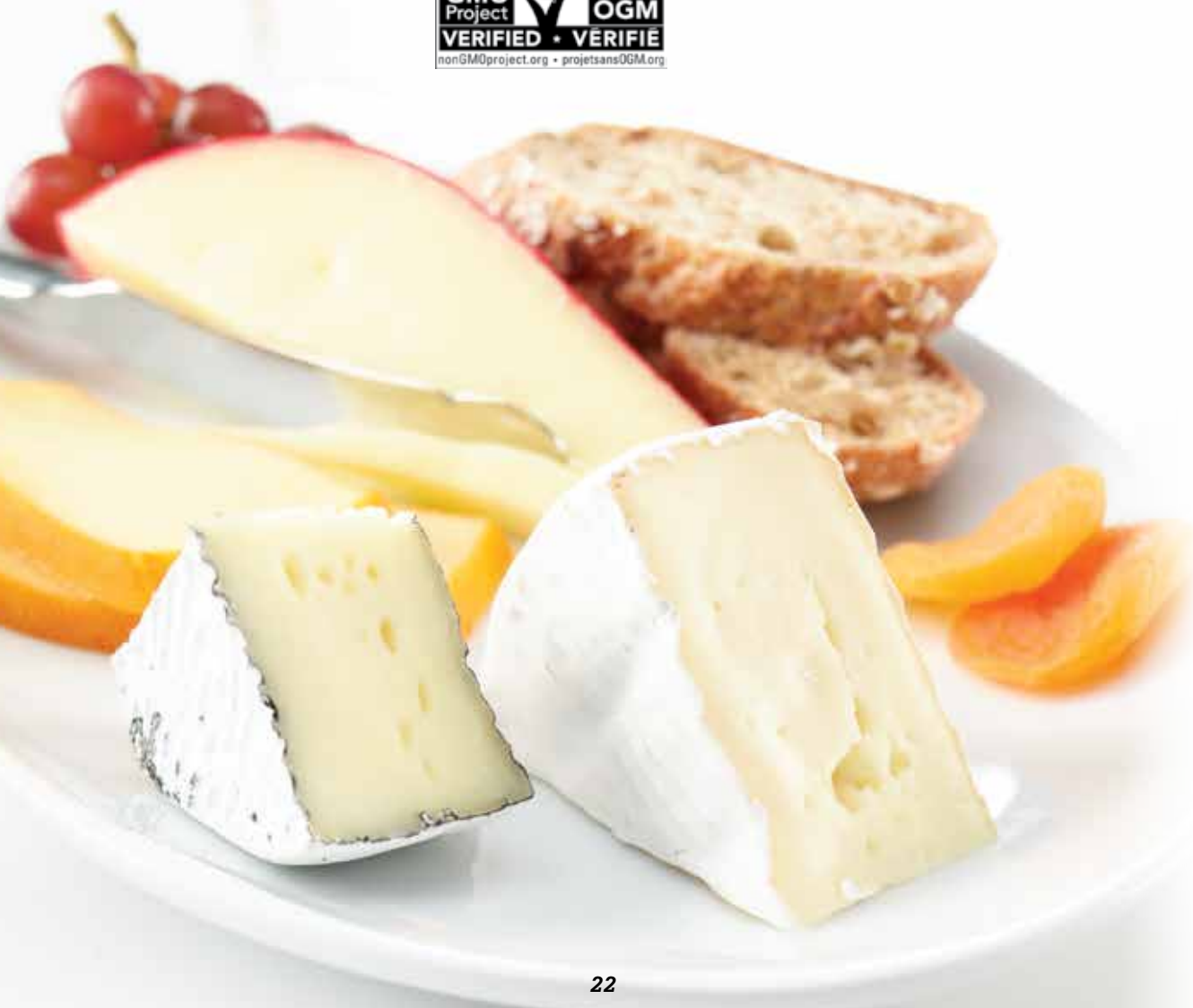
Au Pain Doré Origine Half baguettes

Accompany your cheese platter with handmade *Au Pain Doré Origine* half baguettes.

See varieties in store



ORIGINE



7 CHEESE CUBES

A platter of mild selections : Canadian swiss, vegetable havarti, marbled cheddar, smoked Jarlsberg and mozzarella.

10 to 12 people
Also available for 20 to 25 people



9 EXQUISITE

Divine with white wine: Saint-André, Caprice des Dieux, Saint-Paulin and Gouda

6 to 8 people



8 WARM, SWEET BRIE

Creamy Brie cheese with a sweet topping – walnuts and red currants, apricot and almond or apple and pecans.

4 to 6 people



55 ARTISANAL CHEESES

Savour local products by opting for this selection of cheeses made by talented Quebec artisan cheesemakers: Le Sieur de Le Gardeur, La Tomme de Monsieur Séguin, Mercredi des cendres, Inspiré and Champêtre.

6 to 8 people



10 QUÉBÉCOIS

The best of Québec with Roubine de Noyan, Compliments camembert, Champfleury and Le Migneron de Charlevoix.

6 to 8 people



11 WARM, SAVOURY BRIE

Generously topped with intensely flavoured garnish: pesto and pine nuts or dried tomatoes and basil.

4 to 6 people

DESSERTS



12 MILLE-FEUILLES
20 mini mille-feuilles pastries, 10 with Chantilly cream and 10 with a mix of Chantilly cream and custard.
10 to 12 people



51 QUARTET OF BROWNIES
Chocolate, everyone's favourite flavour, served as brownies: Tiger, Haystack, Deep Dutch and Triple Chocolate.
10 to 12 people



62 STATE OF THE ART
An assortment of exquisite cakes: 7 pieces of chocolate and hazelnut crunch, 7 pieces of pear and caramel, and 6 pieces of vanilla and raspberry.
10 to 12 people



50 PASTRIES
13 mini eclairs with 35% whipped cream and 6 cream puffs—custard, 35% whipped cream and 35% whipped cream with chocolate, coffee, and chocolate.
10 to 12 people



115 DONUT HOLE DUO WITH NUTELLA
An assortment to make your mouth water: 12 chocolate donut holes and 12 vanilla donut holes with Nutella.
10 to 12 people
Nutella® is a registered trademark of Ferrero S.p.A. All rights reserved.



127 FRUIT TARTS
19 fruit tarts (3po) with custard and fresh fruit (pineapples, kiwis, strawberries, and blueberries).
10 to 12 people

CHILDREN'S PARTIES



45 KID FAVOURITES
 Everything the little ones love: tomato pizza, soft sandwiches, cheese cubes, veggies and dip.
8 to 10 kids

CUSTOMIZED CAKES

WITH PHOTO

To make events unforgettable, order a customized photo cake; just bring the photo you want on the cake to the bakery service counter when placing your order.

Participating stores only



WITH MESSAGE

Did you know that you can select a cake from the service counter or the self-serve counter and have it customized? Don't hesitate to ask about it!

Participating stores only



Disney Frozen, Anna and Elsa © Disney
 Spider-Man Light Up Eyes © MARVEL
 Minions © Universal Studios

WITH CHARACTERS

Order a customized cake with the kids' favourite characters. Consult our catalogue at the bakery service counter to see all the varieties offered.

Participating stores only



TO ORDER YOUR BUFFET

Stop by the ready-to-eat counter
of your IGA supermarket, or order online
at **IGA.net**.

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ATTENTION

Some products may have come into contact with food allergens.
The information contained in this brochure is subject
to change without notice.

